

**BELLEFONTAINE NEIGHBORS PARKS AND
RECREATION DEPARTMENT**

Summer 2013



**MOST CLASSES BEGIN
THE WEEK OF JUNE 2**



**REGISTRATION DATES:
RESIDENT MONDAY, MAY 13
OPEN, MONDAY MAY 20**

City Hall	867-0076
Recreation Center	867-0700
Fire Department	428-1122
Police Department	889-2341
Ambulance Service	428-1122



NEW AND IMPROVED WEBSITE

cityofbn.com

GENERAL INFORMATION

Bellefontaine Neighbors

Recreation Center

9669 Bellefontaine Road

St. Louis, MO 63137

Phone: 314-867-0700

FAX: 314-867-9517



PARKS & RECREATION STAFF

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Nicole Osheroff

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Weekend Supervisor

Anthony Howard

Park Board Members

Dave Cross, Jane Davis,

Alease Dailes, Kathy Endorf,

Jean Garascia, Judy Mantych,

Tina Roth, Tina Swindle,

Sally Wahlbrink

Park Board meets third Tuesday

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Americans with Disabilities Act (A.D.A) & Inclusive Recreation

Services-Bellefontaine Neighbors Parks & Recreation Department welcomes people of all abilities. Nicole Osheroff works as the Inclusion Coordinator for the North County Region. She is responsible for facilitating the inclusion of people with disabilities into recreation programs. Every effort will be made to adapt a program to incorporate your individual needs. If assistance is needed, please call Nicole at 314-839-5575 or use Relay Missouri 1-800-735-2966. To place a grievance, you may contact Kathy Cross at 314-867-0700, Monday through Friday from 9:00 a.m. to 3:30 p.m.

Insurance - Bellefontaine Neighbors Parks & Recreation Department does not provide insurance coverage for injuries suffered while participating in recreation programs or while using our facilities.

Photo Policy - Our staff may take pictures of you or your child participating in recreational activities. These photographs could be used in future publications. If you do not wish to have your photo published, please inform the photographer.

Returned Check Policy - There is a \$25.00 service charge for all returned checks. You will have **five** working days to make payment (original amount + service charge). After that, your check will be turned over to the Police Department.

PASSES AND ID CARDS

- **Recreation Department ID cards are required by all residents six years of age or older to enter the facility, use the gymnasium, game room, pool, sauna, sign up for classes, racquetball court or to reserve rooms or parks.**
- All ID cards and passes expire April 30, no matter when purchased.
- New cards and passes for the following year can be purchased beginning April 1.
- With a general ID card you pay daily user fees each time you swim or workout, unless you have purchased a swim or weight pass.
- All passes also require a general ID card.
- ID cards may be purchased Monday through Friday, 9:00 a.m. to 9:00 p.m., Saturday, 9:00 a.m. to 8:00 p.m. and on Sunday from 1:00 p.m. to 8:00 p.m. at the Recreation Center.



To get an ID card you must:

1. Be on a current Bellefontaine Neighbors occupancy permit.
2. Bring a picture ID showing your Bellefontaine Neighbors address (driver's license, school or work ID).
3. Bring your occupancy permit, utility bill, or bank statement, if your picture ID does not have your Bellefontaine Neighbors address.
4. Bring a parent with a picture ID if a child does not have the required identification.

General ID	\$5.00
General replacement ID	\$7.00
Annual swim pass - Individual	\$75.00
Annual swim pass - Family	\$120.00
Summer swim pass - Individual (valid May 27 to September 2)	\$50.00
Summer swim pass - Family (valid May 27 to September 2)	\$90.00
Weight room pass - First family member	\$50.00
Weight room pass - Each household member after the first	\$20.00
Nonresident pool pass - Minimum age 18, no guest privileges	\$135.00
Senior Nonresident weight room pass (55 & older, limited hours)	\$135.00

FACILITY SCHEDULES & USER FEES

Daily Admission Fee

Adult fee begins at age 13

Swimming Pool

Adults: Resident - \$3.00 Guest - \$5.00

Children: Resident - \$2.00 Guest - \$4.00

May 25 - Sept. 2 Child 3 to 5 - \$2.00

Weight Room - ages 15 & up

Residents only \$3.00

Miniature Golf Course

Adults

Resident - \$2.00 Nonresident - \$4.00

Children

Resident - \$1.50 Nonresident - \$3.00

Gymnasium & Game Room

Adult guest \$5.00

Child guest \$4.00

Racquetball per hour

Before 5:00 p.m. - \$5.00

After 5:00, weekends, holidays - \$6.00

Walleyball per hour

Before 5:00 p.m. - \$9.00

After 5:00, weekends, holidays - \$11.00

Admission Policies

- All residents must present a valid recreation ID card when entering the building.
- Children 9 and under must be with an adult 16 or older at all times.
- All guests must present a valid picture ID and pay appropriate fee for admission. Guests must stay with the resident at all times. The resident is responsible for the guest's behavior. Misconduct of either party will result in the removal of both.
- Residents are allowed:
 - **One** guest in gymnasium or game room at specified times.
 - **Two** guests in the racquetball/walleyball court.
 - **Two** guests in pool during open or lap swim.
 - **No guests are allowed in the weight room.**
- Properly lined swim attire is required.
- All patrons on the pool deck must pay the admission fee.
- All diapers must be changed using the diaper changing stations located in the locker rooms.
- Weight room users must complete a release form. All users must bring a sweat towel and abide by the rules attached to the form.
- Proper attire is required in every area of the recreation facility at all times. This includes the wearing of shirts in the gymnasium, hallways and weight room as well as pants that cover any and all under clothing.

Indoor Pool

Lap Swim

Monday through Friday

11:30 a.m. - 12:30 p.m.

Friday

6:00 p.m. - 7:00 p.m.

Saturday

12:15 p.m. - 1:00 p.m.*

*Swim lessons may be in progress

Adult/Adult with Young

Children Time

Monday, Tuesday & Thursday

3:00 p.m. - 4:00 p.m.

Friday

3:00 p.m. - 6:00 p.m.

Open Swim

Friday

7:00 p.m. - 8:45 p.m.

Saturday & Sunday

3:00 p.m. - 6:00 p.m.

Adult Time

Monday through Friday

12:30 p.m. - 3:00 p.m.

Wednesday

7:30 p.m. - 8:45 p.m.

Saturday & Sunday

1:00 p.m. - 3:00 p.m.

Outdoor Pool

May 25 to September 2

Schedule will change in August

Open Swim

Sunday

1:00 p.m. - 6:00 p.m.

Monday & Tuesday

11:00 a.m. - 6:00 p.m.

Wednesday through Friday

11:00 a.m. - 8:45 p.m.

Closes at 6:30 p.m. Fridays, June 21,

July 19, August 2

Saturday

11:00 a.m. - 6:00 p.m.

FACILITY SCHEDULES & USER FEES

Gymnasium schedule Memorial Day through Labor Day

Open Play (10 to 15 yrs.)

Monday through Friday

1:00 p.m. - 2:30 p.m.

Saturday

12:00 p.m. - 3:00 p.m.

Sunday

1:00 p.m. - 3:00 p.m.

Adult Walking Time

Monday through Friday

8:00 a.m. - 9:00 a.m.

Saturday

10:15 a.m. to 11:00 a.m.

With Family Time

Open Play (16 yrs. & over)

Monday through Friday

2:30 p.m. - 5:00 p.m.

Tuesday & Thursday

(Residents Only)

8:00 p.m. - 9:00 p.m.

Saturday & Sunday

3:00 p.m. - 6:00 p.m.

Family Time

Friday 5:00 p.m. - 9:00 p.m.

Saturday 10:15 a.m. - 12:00 p.m.

Saturday & Sunday

6:00 p.m. - 8:00 p.m.

Racquetball & Walleyball

Monday through Friday

9:00 a.m. - 9:00 p.m.

Saturday 9:00 a.m. - 8:00 p.m.

Sunday 1:00 p.m. - 8:00 p.m.

Holidays 9:00 a.m. - 6:00 p.m.

Mini Golf Course

Monday through Saturday

9:00 a.m. - 8:00 p.m.

Sunday

1:00 p.m. - 7:00 p.m.

Weather Permitting



Recreation Center

Monday-Friday

9:00 a.m. - 9:00 p.m.

Saturday

9:00 a.m. - 8:00 p.m.

Sunday

1:00 p.m. - 8:00 p.m.

The Recreation Center Complex has the following:

- an indoor pool
- an outdoor pool
- locker rooms with saunas (closed during summer)
- a game room with 2 pool tables
- a weight room
- one racquetball court
- a gymnasium
- two meeting rooms
- a miniature golf course with a playground and gazebo
- Recreation Department office
- outdoor sand volleyball court

Early Closing

May 27 Facility open 9:00 a.m. - 6:00 p.m.

June 11 Outdoor pool closes 4:00 p.m.

June 13 Outdoor pool closes 4:00 p.m.

June 21 Outdoor pool closes 6:30 p.m.

July 4 Facility open 9:00 a.m. - 6:00 p.m.

July 15 Outdoor pool closes at 4:00 p.m.

July 19 Outdoor pool closes at 6:30 p.m.

July 26 Gym closed all day
Outdoor pool closes at 7:30 p.m.

Aug. 2 Outdoor pool closes at 6:30 p.m.

Aug. 20 Gymnasium closed all day

Sept. 2 Facility open 9:00 a.m. - 6:00 p.m.

Weight Room

Monday through Friday

8:00 a.m. - 9:00 p.m.

(Locker rooms will not be available until 9:00 a.m.)

Saturday 9:00 a.m. - 8:00 p.m.

Sunday 1:00 p.m. - 8:00 p.m.



**Senior
Nonresident
Weight Pass
Hours**

Monday through Friday

9:00 a.m. - 4:30 p.m.

Saturday 9:00 a.m. - 8:00 p.m.

Sunday 1:00 p.m. - 8:00 p.m.

SWIM LESSON INFORMATION

Classes offered for patrons age six months through adults.

- Turtles is for ages 6 months to 3 years.
- Puddleduck classes are for ages 3 to 5.
- Level classes are for ages 6 to 12.
- Teen/adult lessons begin at age 13.
- Classes are tentative based on enrollment.
- Additional classes may be added from waiting lists. We encourage you to add your name.
- Before enrolling in multiple sessions, please remember that each child progresses at a different rate.

Fees:

Resident	\$20.00
Nonresident	\$26.00

Turtles

This class teaches kicking, pulling and submersion. Using songs and games, parents learn to safely handle and guide their child in the water. Children must wear a commercial swim diaper under their suit. Adult participation is required.

Wednesday	6:45 p.m. - 7:25 p.m.
Saturday	10:00 a.m. - 10:40 a.m.

Puddleducks

Puddleduck I - Concentrates on the basic skills of water adjustment, floating, kicking and water safety. The parent is not in the water with the child.

Tues./ Fri.	9:45 a.m. - 10:25 a.m.
Tues./ Fri.	10:30 a.m. - 11:10 a.m.
Monday	5:15 p.m. - 5:55 p.m.
Wednesday	6:00 p.m. - 6:40 p.m.
Saturday	10:45 a.m. - 11:25 a.m.

Puddleduck II - This class includes rotary breathing, introduction to front crawl, elementary backstroke & safety skills.

Tues./ Fri.	9:45 a.m. - 10:25 a.m.
Monday	5:15 p.m. - 5:55 p.m.
Wednesday	5:15 p.m. - 5:55 p.m.
Saturday	11:30 a.m. - 12:10 p.m.

Puddleduck III - Endurance and independence in the water will be emphasized. Skills will include treading water, diving, improvement on crawl stroke and elementary backstroke.

Mon./Thur.	9:00 a.m. - 9:45 a.m.
Monday	6:00 p.m. - 6:40 p.m.

Teen and Adult Swim Lessons

The class focuses on basic swimming skills. Progression will be taught at each student's pace.

Saturday	9:15 a.m. - 9:55 p.m.
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SWIM LESSON SCHEDULE

Levels

Level I Water Exploration - Participants will become comfortable in the water by experiencing buoyancy, putting in their face, blowing bubbles, etc. Appropriate for those with no previous experience in the water.

Tues./ Fri.	10:30 a.m. - 11:10 a.m.
Monday	6:00 p.m. - 6:40 p.m.
Wednesday	5:15 p.m. - 5:55 p.m.
Saturday	10:45 a.m. - 11:25 a.m.

Level II Fundamental Skills - Suggested only if child is comfortable in water. Many skills are demonstrated independently. They will add upon these skills through kicking and the addition of arms in front and back crawl.

Mon./ Thur.	9:00 a.m. - 9:40 a.m.
Monday	6:00 p.m. - 6:40 p.m.
Wednesday	5:15 p.m. - 5:55 p.m.
Wednesday	6:00 p.m. - 6:40 p.m.
Saturday	11:30 a.m. - 12:10 p.m.

Level III Stroke Development - Level II skills and independence during front and back crawl are expected. In this level, rhythmic breathing is stressed as well as an intro to butterfly and treading water.

Tues./ Fri.	9:45 a.m. - 10:25 a.m.
Wednesday	6:45 p.m. - 7:25 p.m.
Saturday	10:00 a.m. - 10:40 a.m.

Level IV Stroke Improvement - Level III skills are expanded upon. Participants must have the ability to swim the width of the pool to take this level. Basic turns, breaststroke and sidestroke are introduced.

Wednesday	6:00 p.m. - 6:40 p.m.
Saturday	9:15 a.m. - 9:55 a.m.

Level V Stroke Refinement - Participants must be able to swim one length of the pool front and back crawl. They must also be able to swim the width of the pool doing butterfly and breaststroke and tread water for one minute. Greater distances and endurance are added at this level.

Wednesday	6:00 p.m. - 6:40 p.m.
Saturday	9:15 a.m. - 9:55 a.m.

Swim Lesson Session Dates

Morning Classes 3 Weeks Sessions:

Monday & Thursday
Or
Tuesday & Friday

Session I
June 3 - June 21
Session II
July 8 - July 26

Afternoon/ Evening Classes 6 Weeks Sessions:

Monday
June 3 - July 8
Wednesdays
June 5 - July 10

Saturday Classes: June 8 - July 13

ADULT & TEEN GYMNASIUM FITNESS

Session Dates

June 3 - July 27

Fees:

Resident \$18.00

Nonresident \$22.00

UNLESS NOTED

You can "pay-as-you-go" for any open class!!

Res \$3.00 NR \$3.50

Beginner Fitness

Res \$2.00 NR \$2.25

Zumba "pay-as-you-go"

Res \$3.50 NR \$4.00

MONDAY

9:15 a.m. - Aerobic Fitness (Kathy)

No class June 24 or July 22; fee adjusted.

5:45 p.m. - Core & Strength (Tricia)

7:00 p.m. - Zumba (Maria)

TUESDAY

5:45 p.m. - Power Walking (Tricia)

6:45 p.m. - Aerobic Fitness (Kathy)

WEDNESDAY

9:45 a.m.-Beginner Fitness (Kathy)

6:00 p.m.-Cardio Fitness (Tricia)

6:45 p.m.-Low Impact Aerobics (Tricia)

THURSDAY

July 4th make up on August 1

9:15 a.m. - Aerobic Fitness (Kathy)

5:45 p.m. - Circuit Training (Tricia)

6:45 p.m. - Aerobic Fitness (Kathy)

FRIDAY

9:45 a.m.- Beginner Fitness (Kathy)

SATURDAY

9:15 a.m. - Low Impact Aerobics (Tricia)

Shape-up shoes are not recommended because they can affect balance.

Gymnasium Exercise Class Descriptions

Beginner Fitness-This exercise program is intended for beginners who are not quite ready for a strenuous exercise program. Class will include a series of low level exercises that are basic yet comprehensive, and embrace every part of your body. These movements improve circulation, respiration and digestion, and will also improve range of motion of all joints.

Resident: \$12.00 Nonresident: \$16.00

Aerobic Fitness - This 1 hour class will improve breathing, heart rate, raise your energy level, increase flexibility and tone muscles to help create a trimmer figure through aerobic exercise. It will include a walking warm-up, 20-25 minutes of low impact aerobic dance, walk down and floor work. (Monday morning class doesn't meet 4th Monday; fees are adjusted.)

Zumba - Latin style dance moves to energize and increase flexibility and endurance, followed by conditioning exercises to stretch, strengthen and sculpt the body. Nutritional and lifestyle changes are discussed as well!
Residents \$20 Nonresidents \$24

Power Walking - Burn fat, tone muscle and improve endurance with this low-impact, walking workout. Moves include brisk walking in place, side stepping, and hamstring curls along with arm exercises such as punches and bicep curls. Ideal for those beginning a fitness program.

Low Impact Aerobics - Get a full body workout, improve circulation and flexibility, and raise your energy level without running, lunging or jumping. This low-impact class uses a variety of aerobic exercises that have been modified to raise your heart rate while eliminating impact on your joints. Suitable for those beginning a fitness program.

Core and Strength Training - Tone your body and strengthen your core with this low-impact fitness class. Enhance balance and stability as you improve core strength and sculpt and tone all major muscle groups. Exercises include yoga moves, lunges, squats, presses and floor exercises. **Light hand weights (1-5 lbs.) recommended but not required.

Cardio Fitness and Sculpting - This invigorating class begins with warm-up and progresses to a full-body, cardio workout with an emphasis on the core. Exercises include combination and kickboxing influenced moves, which incorporate kicks, crunches, punches, lunges and squats. The cool down includes sculpting and toning moves for arms, legs and stomach.

Circuit Training - Raise your heart rate, tone muscle and achieve a full-body workout with this mix of cardio and sculpting moves. Challenge yourself with short bursts of high-energy cardio exercises followed by mini-workouts concentrating on specific areas of the body such as core, legs

For registration information, please see page 13.

ADULT & TEEN WATER FITNESS

Session Dates

June 3 - July 25

No class July 4 - Make-up August 1

Fees: Residents \$18.00 Nonresidents \$22.00 **UNLESS NOTED.**

Is your schedule always changing? Do you want to try a new class? You can now "pay-as-you-go" for any class that has openings!

Residents	\$3.00	Nonresidents	\$3.50
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Water Exercise Class Descriptions

(Classes listed in order of difficulty)

Water Walking - This class combines stretching and strength conditioning to improve range of motion and arthritis symptoms. It is especially beneficial for those just beginning an exercise program. Class is held in the shallow end of the pool; no swimming ability is necessary.

Toning - This class consists of muscle toning focusing on the arms, legs and stomach. Exercises are held in the shallow end of the pool using various types of resistance.

Aqua Fitness - This class consists of continuous resistance exercise designed to improve breathing, circulation and muscle tone. Class is held in the shallow end of the pool - no swimming ability is necessary.

Water Aerobics - This faster-paced class emphasizes choreographed or repetitive motion cardiovascular exercises for a full body workout.

Deep Water - This class consists of resistance exercise and strengthening moves for the arms, legs and stomach in the deep end of the pool. It provides a cardiovascular workout and muscle toning. Some moves use float support. Participants must be able to swim 2 widths of the pool and tread water for one minute.

MONDAY

9:45 a.m. - Water Walking (Mary)
10:30 a.m. - Water Aerobics (Kathy)
6:45 p.m. - Water Aerobics (Tricia)
7:30 p.m. - Deep Water (Tricia)

Evening classes in the outdoor pool, weather permitting.

TUESDAY

6:45 p.m. - Water Aerobics (Tricia)
7:30 p.m. - Toning (Tricia)

Evening classes in the outdoor pool, weather permitting.

WEDNESDAY

9:45 a.m. - Aqua Fitness (Martha)
4:15 p.m. - Toning (Tricia)

THURSDAY

9:45 a.m. - Water Walking (Mary)
10:30 a.m. - Water Aerobics (Kathy)
6:45 p.m. - Water Aerobics (Tricia)
7:30 p.m. - Water Walking (Tricia)

SATURDAY

10:15 a.m. - Water Aerobics (Tricia)

**July 13 - Aug. 10 Outdoor Pool
Res. \$11.25 N/R \$13.75**

- Take any combination of classes meeting your needs, but you can come only to those in which you are enrolled. Missed classes cannot be made up.
- A lined swim suit must be worn. A laundered t-shirt and/or shorts may be worn over suit.
- Anyone with continence problems will be required to wear a commercial swim diaper.

SAND VOLLEYBALL, KARATE & TENNIS

Adult Sand Volleyball League

Get a team together and join our adult sand volleyball league on Bellefontaine's new sand volleyball court. This recreational, coed league has a 6 person minimum and 10 person maximum. Games times are 6:00, 7:00 & 8:00 p.m. A roster of at least 50 % Bellefontaine residents must be presented at registration to receive the lower resident fee. The snack bar will be open and beer will be available for purchase. Please note: The court is open to residents on a first-come-first-served basis when leagues are not using it.

Day: Wednesday

Dates: June 12 to July 17

Fee: Resident team \$90

Nonresident team \$120



Karate for the Family

Ma'at Karate is partnering with the Bellefontaine Recreation Department to bring the disciplined art of karate to the community's families. Karate is not about initiating violence. It is about building self-confidence, empowerment and discipline by developing a strong personal identity. Families and individuals work together to obtain



these goals and the commitment to perfect karate skills and advance through them is stressed. This is an ongoing program for participants ages 5 and over. Parents are free when participating with their paid children. Head Instructor: Sensei Harub Taalib

Day: Monday

June Session: June 3 - 24

July Session: July 1 - July 22

August Session: August 5 - 26

Time: 6:30 p.m. - 7:30 p.m.

Monthly fee: Resident \$25 Nonresident: \$30

Kids' Tennis Club

Ages 8 - 12

This special program, meeting at St. Cyr Tennis Courts, is designed to help children learn the basics of tennis and get them on the courts when the weather breaks. Each week begins with an organized class by Instructor Aimee' Willems followed by practice time when members play against each other. House racquets will be available or new ones can be purchased for \$13.

Day: Wednesday

Dates: June 5 - July 17

No class July 3

Time: 5:00 p.m. - 6:00 p.m.

Fee: Residents \$10

Nonresidents \$12

USA Tennis 1-2-3 Program Lessons

Tennis is a great lifetime sport that can be enjoyed by anyone of any age. The small class size allows the instructor to work with each person at their ability level. All sessions are six classes long and are held at St. Cyr Park. Racquets available to purchase for \$13.

Fee: Resident - \$30

Nonresident - \$35

Day: Wednesday

Dates: June 5- July 17

No class July 3

Teen: 6:00 p.m. - 7:00 p.m.

Adult: 7:00 p.m. - 8:00 p.m.

YOUTH & FAMILY EVENTS

Bike Safety Rodeo

The Bike Safety Rodeo is free and open to children ages 2 to 12. The activities include a bike riding course, Safetyville Tricycle Town and more. This event is sponsored by the Bellefontaine Neighbors Youth Commission and Police Department. For more information, call Bellefontaine Neighbors City Hall at 867-0076.

Day & Date: Saturday, May 18 (Rain Date: May 25)

Time: 10:00 a.m. - 1:00 p.m.

City Hall Parking Lot

Parent's Night Out

Ages 5 - 10

Hey kids, do you like having fun with your friends? We have an action-packed evening with lots of activities planned. There will be gym time, crafts, games and maybe mini-golf and sand volleyball. Of course, you can count on a snack. It's going to be a great time! (Parents, it's okay to think about 2 hours of adult free time.) **Leaders:** Alison Droesch & Tina Swindle

Day & Date: Friday, June 28

Time: 6:30 p.m. - 8:30 p.m.

Fee: Resident \$7.00 Nonresident \$9.00

Family Golf Nights

Friday June 14 and Friday August 9

6:30 p.m. - 8:30 p.m.

\$1.00 admission per person includes hot dog, soda and unlimited golf time! Attendance prizes for kids (under 14).

Bring the whole family! Co-sponsored by the Bellefontaine Neighbors Youth Commission.

Children's Fishing Derby

Ages 5 - 14

The Derby is a free event for kids and is held in conjunction with National Fishing Week. A parent/guardian must accompany each child and must sign a "Hold Harmless and Indemnification Agreement". This event is co-sponsored by Missouri Conservation Department and Bellefontaine Neighbors Youth Commission. There is a one pole limit and all participants must furnish their own pole and bait. Refreshments and attendance prizes will follow.

Day & Date: Saturday, June 8

Time: 8:00 a.m. - 10:30 a.m.

Location:

Missouri Veterans Home
10600 Lewis & Clark Blvd (turn left immediately after entering driveway).

Youth Pool Party

Ages 11 - 16 only

Enjoy music, swimming, hot dogs, hamburgers, chips, soda and attendance prizes!! Tickets are required. Residents can bring one paying guest. Tickets must be purchased in advance at the Recreation Center. Tickets sales start June 17 and end July 12.

Day & Date: Saturday, July 13

Time: 7:00 p.m. - 10:30 p.m.

Fee: \$5.00 each

ADULT TRIPS AND EVENTS

C.K. & L. of J. Country Club/ Swansea Bingo

Join us for an afternoon of nonstop bingo at one of the area's most popular bingo halls. Along with a delicious meat loaf and mashed potato lunch including drink & dessert, each person receives 4 50/50 warm-up cards, 6 regular game cards, 6 cards for 4 early bird games and 4 mid bird games, 1 sheet for special lucky jackpot raffle, 7 chances for rainbow raffle and 1 chance on Power Ball. Additional cards available for purchase upon arrival.

Day & Date: Tuesday, July 23 **Time:** 9:45 a.m. - 3:45 p.m.

Fee: Resident \$38 Nonresident \$40

Fairmount Park

This is the way to go to the horse races. We begin with a delicious buffet at the Black Stallion Restaurant overlooking the track. Stay in your seat and out of the weather to watch the horses run or go outside to get up close to the action. Either way, you are bound to be a winner.

Day & Date: Tuesday, Sept. 17

Time: 11:00 a.m. - 5:30 p.m.

Fee: Resident \$33

Nonresident \$35



BUNCO!

Try something new! Learn to play this dice game & have a good time. A great lunch is included.

Day & Time: Wed. 11:30 a.m.

Date: June 26, July 31

Fee: Resident \$6 Nonresident

Old Time Barbeque

Don't let the summer end without one last hoe-down. And in St. Louis, that means friendly down-home people and slow-cooked barbeque, complete with all the trimmings! For those who are so inclined, that new fangled mini golf course will be there waiting. Bring your admission ticket to get your first drink free. Beer, wine and soft drinks will be available for purchase.

Day & Date:

Tuesday, August 20

Time: 4:30 p.m. - 7:30 p.m.

Dinner served at 5:30 p.m.

Memorial Day Ceremony

"HONOR THOSE WHO HAVE GONE BEFORE US."

The City of Bellefontaine Neighbors and American Legion Post #335 invite your family and friends to share in this day of tribute and recognition for our veterans.

Day & Date: Monday, May 27

Time: 10:00 a.m.

Location:

Missouri Veterans' Home

10600 Lewis & Clark Blvd.

Lunch & Bingo

Come for good food, good company and some friendly bingo. Fee covers lunch with dessert and beverage, two bingo cards and prizes.

Day: Wednesdays

Time: 11:30 a.m.

Dates: June 12, July 10, August 14

Fee: Resident - \$6.00

Nonresident - \$7.00

Casino Trips

Try your luck at these popular casinos. All trips depart at 9:30 a.m. and return at 3:30 p.m.

River City Tuesday, June 18

Resident \$18

Nonresident \$20

Ameristar Friday, July 19

Resident \$18

Nonresident \$20

Casino Queen Tuesday, August 27

Resident \$18

Nonresident \$20

REGISTRATION INFORMATION

Resident Registration will begin on **Monday, May 13** at 9:00 a.m.

Open Registration will begin on **Monday, May 20** at 9:00 a.m. and will run until class limits are met.

- Registration must be done in person and full payment must be made at the time of registration.
- **Please note: the Recreation Center accepts either cash or check. No credit or debit cards are accepted.**
- Residents, please remember to bring your ID card.
- During open registration, residents and non-residents may enroll.
- The Parks & Recreation Department reserves the right to cancel any class due to lack of enrollment. If a class is cancelled you will receive a full refund or credit.
- You may

SENIOR TRANSPORTATION SERVICE

This service is available to the senior or disabled residents of Bellefontaine Neighbors. Call the Recreation Center at 867-0700 to receive an information packet and application, or to make an appointment to use the service.

WHERE DOES THE VAN GO?

Medical Appointments	Monday through Thursday
Shop & Save/ Target	2nd Monday of month
Jamestown Mall	4th Monday of month
K-Mart, Family Dollar	1st, 3rd & 4th Wednesdays
Schnucks, Aldi's, Bill's Market	Fridays
Local Banking, Post Office	As needed
Library, Drug Stores, Hair Salons	As needed
Recreation Center for activities, meetings, classes etc.	As needed

THE VAN WILL NOT RUN

MONDAY, MAY 27
THURSDAY, JULY 4

Summer Restaurant Trips

Monday, June 3

Meyer's

Monday, June 17

Lee's Chicken

Monday, July 1

Bob Evan's

Monday, August 19

Fazoli's

ROOM INFORMATION

Room Reservations

There are two meeting rooms at the Recreation Center available for any **adult resident with a current ID card** to rent for birthdays, anniversaries, bridal and baby showers or other functions. Weddings receptions and family reunions are not permitted.

- The smaller room will accommodate **35** and the fee is **\$60.00**.
- The larger room will accommodate **47** and the fee is **\$70.00**.
- All reservations also require a \$25.00 security deposit.

This deposit will be refunded if the room is cleaned up after your function, your group abides by the rules of this facility and you do not exceed the capacity limit of the room.

The resident:

- May only reserve one room per date for an event
- Must be present for the entire function
- Is responsible for the behavior of their guests
- **Must bring the paperwork and Bellefontaine Neighbors ID card to check in at the office before anyone from your group will be admitted to the reserved room.**

To check on the availability of a date, call the Recreation Center. Reservations must be made in person to fill out a contract. Both the deposit and fees must be paid in full.

Before your event, you will receive in the mail an approved copy of your room reservation contract, the rules for use of the meeting rooms and a cleaning checklist. Please read through the information and familiarize yourself with the rules. **Don't forget to bring this paperwork with you the day of the reservation.**

After you have cleaned the room, present your checklist to the Recreation Staff. They will inspect the room and both of you will sign the checklist. If everything is in order, you will receive your security deposit by mail within two weeks.

Room Information

- You can not enter the room until 1:00 p.m. the day of the reservation. The room must be cleaned up and all guests must be out of the building by 8:00 p.m.
- Due to the size of our meeting rooms and our hours of operation, the rooms may not be reserved for wedding receptions or family reunions.
- Sales or fundraising of any kind is prohibited in our meeting rooms.
- No refunds will be issued for cancellations made less than two weeks prior to the reservation date.
- There is a \$3.00 service charge on reservation cancellations.

PARK INFORMATION

	Rec Center	St. Cyr Park	Tanglewood Park	Bissell Hills Park	Belgrove Park	Pruett Park	Klein Park	Wilderness Park	Doherty Park
Acreage	9.3	6.2	6.2	4.4	1.1	5.1	.9	10.8	4.7
Picnic Shelters with Electric		1	1	1					
Restrooms	2	1	1	1					
Picnic Tables	6	12	15	7	1		2		
Nature Trails (miles)								.8	
Playgrounds	1	1	1	1	1		1		
Open Play Space	1					1			1
Softball Fields (unlighted)		2	1	2					
Football/Soccer Field		1	1	1					
Tennis Courts (unlighted)		2		2					
Gazebo	1						1		
Miniature Golf Course	1								
Sand Volleyball	1								



Park Reservations

The City of Bellefontaine Neighbors has three picnic shelters with restrooms and electricity available for reservations located at:

1. Bissell Hills Park, 10237 Ashbrook, capacity: 75
2. St. Cyr Park, 1041 Hopedale, capacity 125
3. Tanglewood Park, 1230 Chambers, capacity 125

- Bellefontaine Neighbors **residents with a current Bellefontaine ID card** may reserve any of the three shelters for \$40.00.
- Nonresidents may reserve Tanglewood Park only for \$60.00.
- No refunds will be issued for cancellations made less than two weeks prior to the reservation date. A \$3.00 cancellation fee applies.

Park Rules

- The parks open at 9:00 a.m. and close at dusk.
- No glass bottles are allowed.
- Organized groups of 10 or more must obtain a park permit through the Recreation Department.
- Alcohol is allowed by permit only.
- Loud music is prohibited.
- All pet waste must be properly disposed.

For registration information, please see

FAMILY FUN & SPECIAL EVENTS

Celebrate Father's Day

Sunday, June 16

Bring Dad to the Bellefontaine Recreation Complex for an afternoon everyone will enjoy! Every father will receive free admission into the swimming pool and/ or the miniature golf course when accompanied by his paying child. In addition to the everyday menu, the snack bar will also offer barbeque specials during its regular hours.

Pool & Snack Bar

1:00p.m. - 5:45 p.m.

Miniature Golf - 1:00 p.m.- 7:00 p.m.

Please see page 4 for admission fees.

Back to School Resource Fair

Come to the Back to School Resource Fair hosted by the Bellefontaine Neighbors Youth Commission. This event is for Bellefontaine families only, with children who are on the occupancy permit entering K-12 in the 2013/14 school year. This event is for the entire family and parents must accompany their youth. There will be a healthy meal planning demonstration, youth finger printing, on site screenings, after school program information and a host of other resources needed to help the family unit prepare for the new school year. School supplies will be given to the first 150 resident students registered. **All students receiving the free supplies must be on a occupancy permit.** (Anyone wishing to donate new or slightly used school supplies may drop them off at City Hall.) Parents can begin registering on April 25th at the Recreation Center, 867-0700.

Day & Date: Saturday, July 20

Time: 10:00 a.m. to 1:00 p.m.

Fee: Free Families are asked to bring canned goods for the food drive also taking place during the fair.

Adult Fridays at Bellefontaine Pool

Leave the kids at home and spend a relaxing evening at the pool. These Friday specials are for adults 21 and older only. Leave your cooler at home because beer & wine will be available to purchase. Feel free to bring your own snacks, but please remember that no glass is allowed. **Please note that the pool will close to the public at 6:30 p.m. on these dates.**



Date: June 21, July 19, August 2

Time: 7:00 p.m. to 11:00 p.m.

Fee: \$5 Residents & Nonresidents Passes do not apply.

MINIATURE GOLF

Family Golf Nights

Friday, June 14 and Friday, August 9 6:30 p.m. to 8:30 p.m.

\$1.00 admission per person includes hot dog, soda and unlimited golf time! Attendance prizes for kids (under 14). Bring the whole family! Co-sponsored by the Bellefontaine Neighbors Youth Commission.



Have Your Next Party or Field Trip at our Miniature Golf Course!

Our most popular party package includes 18 holes of golf, two hours of reserved seating at our gazebo and a hot dog, chips and a small soda from our snack bar. Other packages and group rates are available.

Reservations must be made in advance. Please call the Recreation Center for more details.

For registration information, please see page 13.