Holiday “Pay as you Go” Morning Schedule

Mon. Nov. 5 10:30 Water Aerobics – Kathy

Wed. Nov. 7 -10:30 Aqua Fitness – Martha

Thur. Nov. 8 -10:30 Water Aerobics – Kathy

Fri. Nov. 9 -10:30 Aqua Fitness – Martha

Mon. Nov. 12 -10:30 Water Aerobics – Kathy

Wed. Nov. 14 -10:30 Aqua Fitness – Martha

Fri. Nov. 16 -10:30 Aqua Fitness – Martha

Mon. Nov. 19 -10:30 Water Aerobics – Kathy

Tues. Nov. 20 -10:00 Chair Aerobics - Martha

-11:00 Water Walking - Martha

Mon. Nov. 26 -10:30 Water Aerobics – Kathy

Wed. Nov. 28 -10:30 Aqua Fitness – Martha

Fri. Nov. 30 -10:30 Water Walking – Martha

Tues. Dec. 4 -10:00 Chair Aerobics – Martha

-11:00 Water Walking - Martha

Wed. Dec. 5 -10:30 Aqua Fitness – Martha

Mon. Dec. 10 -10:30 Water Aerobics – Kathy

Wed. Dec. 12 -10:30 Aqua Fitness – Martha

Thur. Dec. 13 -10:30 Water Aerobics – Kathy

Fri. Dec. 14 -10:30 Aqua Fitness – Martha

Mon. Dec. 17 -10:30 Water Aerobics – Kathy

Wed. Dec. 19 -10:30 Aqua Fitness – Martha

Thur. Jan. 3 -10:30 Water Aerobics – Kathy

Fri. Jan. 4 -10:30 Aqua Fitness – Martha

Mon. Jan. 7 -11:30 Chair Aerobics – Martha

Wed. Jan. 9 -10:30 Aqua Fitness – Martha