

# Bellefontaine Neighbors Parks and Recreation Brochure 2019



## Registration Dates

Residents Monday, December 31

Nonresidents Monday, January 7

# GENERAL INFORMATION

## BELLEFONTAINE NEIGHBORS

### RECREATION CENTER

9669 Bellefontaine Road  
St. Louis, MO 63137  
Phone: 314-867-0700  
FAX: 314-867-9517

## BELLEFONTAINE NEIGHBORS

### CITY HALL

9645 Bellefontaine Road  
St. Louis, MO 63137  
Phone: 314-867-0076  
FAX: 314-867-1790

### POLICE DEPARTMENT

Police Business: 314-867-0080  
Police Dispatch: 636-529-8210

**[www.cityofbn.com](http://www.cityofbn.com)**

### Parks & Recreation Staff

#### Director

Mark Dickerson  
mdickerson@cityofbn.com

#### Office Supervisor

Kathy Cross  
kcross@cityofbn.com

#### Recreation Supervisor

Amy Mulholland  
amulholland@cityofbn.com

#### Aquatics Director

Martha Snead  
msnead@cityofbn.com

#### Aquatics Assistant

Craig Scheidker  
cscheidker@cityofbn.com

#### Inclusion Coordinator

Please call 314-839-5575 or more  
information

#### Weekend Supervisor

Anthony Howard

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## AMERICANS WITH DISABILITIES ACT (A.D.A.) & INCLUSIVE

**RECREATION SERVICES**—Bellefontaine Neighbors Parks & Recreation Department welcomes people of all abilities. We have an e Inclusion Coordinator for the North County Region who is responsible for facilitating the inclusion of people with disabilities into recreation programs. Every effort will be made to adapt a program to incorporate your individual needs. If assistance is needed, please call 314-839-5575 or use Relay Missouri 1-800-735-2966. To place a grievance, you may contact Kathy Cross at 314-867-0700, Monday through Friday from 9:00 a.m. to 3:30 p.m.

**INSURANCE** —Bellefontaine Neighbors Parks & Recreation Department does not provide insurance coverage for injuries suffered while participating in recreation programs or while using our facilities.

**PHOTO POLICY**—Our staff may take pictures of you or your child while participating in recreational activities. These photographs could be used in future publications. If you do not wish to have your photo published, please inform the photographer.

**RETURNED CHECK POLICY**—There is a \$25.00 service charge for all returned checks. You will have **five** working days to make payment (original amount + service charge). After that, your check will be turned over to the Police Department.

# PASSES & ID CARDS

- A general ID is required to enter the facility, use the gymnasium, game room, pool, sauna, racquetball court, receive resident rates for classes or to reserve rooms or parks. Recreation Department ID cards are required by all residents **six** years of age or older. With a general ID card you pay daily user fees each time you swim or workout, unless you have purchased a swim or weight room pass.
- All ID cards and passes with the exception of the weight room additional person are valid for one year from date of purchase. The weight room additional member pass expires on the same date as the weight room primary.** All passes also require a general ID card.



## TO GET AN ID CARD YOU MUST:

- Be on a current Bellefontaine Neighbors occupancy permit (required for resident status).
- Bring a picture ID showing your Bellefontaine Neighbors address (driver's license, school or work ID)
- Bring a parent with a picture ID if a child does not have the required identification.

General Id	Individual Annual Swim	Family Annual Swim	Individual Summer Swim	Family Summer Swim	Primary Weight Room	Each Weight Room Add-on	Nonresident Pool (18 & older only)	Nonresident Weightroom (55 & up)
\$5	\$75 + \$5	\$120 + \$5 per ID	\$50 + \$5	\$90 + \$5 per ID	\$50 + \$5	\$20 + \$5	\$135	\$135

# DAILY FEES AND POLICIES

## Credit cards accepted for charges \$15.00 and over

Adult fee begins at age 13

### Swimming Pool - 2 guests per card

Adult Resident - \$3.00 Guest - \$5.00

Child Resident - \$2.00 Guest - \$4.00

5 & under free Labor Day to Memorial Day

### Weight Room - No guests

Residents only - \$3.00

### Miniature Golf Course - Open to the Public

Adult Resident - \$2.00 Nonresident - \$4.00

Child Resident - \$1.50 Nonresident - \$3.00

### Gymnasium & Game Room - 1 guest per card

Adult Guest - \$5.00 Child Guest - \$4.00

### Racquetball per hour

Weekdays before 5:00 p.m. - \$5.00

After 5:00 p.m., weekends, holidays - \$6.00

### Wallyball per hour

Weekdays before 5:00 p.m. - \$9.00

After 5:00 p.m., weekends, holidays - \$11.00

### Pickleball

\$2.00 per person

- Use of the facilities is for residents of the City of Bellefontaine Neighbors only. All residents must present a valid recreation ID card when entering. Loitering is not allowed.
- All guests must present a valid picture ID and pay appropriate fee for admission. Guests must stay with the resident at all times. The resident is responsible for the guest's behavior. Misconduct of either party will result in the removal of both.
- An adult 16 or over must remain in the facility with any child aged 9 and younger.
- Proper attire is required in all parts of the facility. This includes the wearing of shirts in the gymnasium, hallways and weight room, pants that cover any and all under clothing, as well as activity-appropriate shoes. Swimmers must have a lined swim suit or trunks.
- All diapers must be changed using the diaper changing stations located in the locker rooms.
- Weight room users must be 15 years or older & complete a release form. Users must bring a sweat towel and abide by the rules attached to the release form.

# FACILITY SCHEDULES

## INDOOR POOL

### Lap Swim

#### Monday - Friday

12:00 p.m. - 1:00 p.m.

#### Saturday & Sunday

1:00 p.m. - 2:00 p.m.

#### Tuesday

7:00 p.m. - 7:45 p.m.

Beginning Jan. 15

### Open Swim

#### Friday

6:00 p.m. - 8:00 p.m.

**Note: Beginning Feb. 8**

3:00 p.m. - 8:00 p.m.

#### Saturday & Sunday

2:00 p.m. - 5:00 p.m.

### Adult Time

#### Monday through Friday

1:00 p.m. - 3:00 p.m.

## Weight Room

### Monday - Friday

8:00 a.m. - 9:00 p.m.

*(Locker rooms not be available until 9:00 a.m.)*

### Saturday

9:00 a.m. - 8:00 p.m.

### Sunday

1:00 p.m. - 8:00 p.m.



**Racquetball, Mini Golf Course & Sand Volleyball Court (available April 1)**

### Monday - Friday

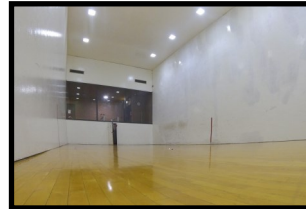
9:00 a.m. - 8:00 p.m.

### Saturday

9:00 a.m. - 7:00 p.m.

### Sunday

1:00 p.m. - 7:00 p.m.



## Special Closings

Dec. 28 - 29	Gymnasium closed - Kwanzaa Event
Dec. 31	Facility open 9:00 a.m. - 5:00 p.m.
Jan. 1	Facility closed - New Years
Jan. 21	Facility opens 9:00 a.m. - MLK Birthday
Feb. 8 - 9	Gymnasium closed - Black History Event
Feb. 13	Gymnasium opens at 2:00 p.m.
Feb. 18	Facility opens at 9:00 a.m. - Presidents Day
Feb. 27	Gymnasium opens at 2:00 p.m.
Mar. 9	Gymnasium closed - Hoops Madness
Mar. 13	Gymnasium opens at 2:00 p.m.
Mar. 27	Gymnasium opens at 2:00 p.m.
Apr. 13	Gymnasium closes at 3:00 p.m.
Apr. 19 - 21	Facility closed

# GYMNASIUM INFORMATION

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am		Walking 8:00 - 9:15	Walking	Walking	Walking 8:00 - 9:15	Walking	
9am		Class			Class		Walking/ Family Time
10am		Opens 10:15			Opens 10:15		
11am							
12pm							15 & under
1pm	15 & under	Opens 1:30					
2pm			Open	Gym	All	Ages	
3pm	16 & older						16 & older
4pm					Until 4:15		
5pm							
6pm	Family Time/ Pickleball		Family Time/ Pickleball	Family Time/ Pickleball		Family Time/ Pickleball	Family Time/ Pickleball
7pm				UNLESS NEEDED		UNLESS NEEDED	
8pm			16 & over	FOR TENNIS	16 & older	FOR TENNIS	

- To use the gym or game room, you must be a resident with a valid Rec Center ID card. Each resident is entitled to 1 guest only. **Guest fee is \$5.00.**
- The guest must arrive with the resident. Nonresidents cannot use the gym without being a guest.
- Dress code: Shirt, athletic shoes (no slides permitted) and pants/ shorts that cover all underclothing.
- Everyone entering the gymnasium must pay the guest fee, even if not playing.
- Misconduct of either resident or guest will result in the removal of both.
- Family Time is for children and parents playing together or when child is actively supervised by the parent physically in the building. Children 10 and under must be with an adult.
- Loitering is not permitted.
- Clean dunking only. Do not hang on the rim.
- No food or drink allowed in the gymnasium.

**PLEASE NOTE: TIMES WILL CHANGE BECAUSE OF SCHEDULED EVENTS, MAKEUP CLASSES AND MEETINGS. PLEASE CHECK MONTHLY POST.**



# PROGRAM REGISTRATION INFORMATION

**Resident Registration:** Monday, December 31, 9:00 a.m.

**Open Registration:** Monday, January 7, 9:00 a.m.

Registration runs until class limits are met. During open registration, residents and nonresidents may enroll.

- Full payment in **cash, check, Visa, MasterCard, Discover or American Express** must be made before being added to the roster. Credit card transactions must be \$15.00 or higher.
  - To receive resident rates, each person must have a current resident ID. Please bring your ID card.
  - The Parks & Recreation Department reserves the right to cancel any class due to low enrollment. If a class is cancelled, you will receive a full refund or credit.
  - You may cancel your enrollment before the class begins, with a \$3.00 surcharge. After the first class of the session, refunds or credits can be issued with a **medical excuse only**.
  - **All credits must be used within one year.**
- ⇒ If an accommodation is needed to participate in any program, please contact our inclusion coordinator at 314-839-5575 to discuss options.

**[SIGN UP EARLY TO PREVENT CANCELLED CLASSES!](#)**

## SENIOR TRANSPORTATION SERVICE

Our curb to curb service is available to the senior or disabled residents of Bellefontaine Neighbors. Call the Recreation Center at 867-0700 to receive an information packet and application, or to make an appointment to use the service.



**The van will not run:**

Dec. 31 - New Year's Eve  
 Jan. 1 - New Year's Day  
 Jan. 21 - MLK Birthday  
 Feb. 18 - Presidents' Day  
 Apr. 19 - Easter Holiday

### Tuesday Restaurant Trips

Jan. 8 Red Lobster  
 Feb. 5 Home Town Buffet  
 Mar. 12 Pirrone's  
 Apr. 2 Drake's

### WHERE DOES THE VAN GO?

- |                         |                   |
|-------------------------|-------------------|
| • Medical Appointments  | Monday - Thursday |
| • Walmart               | 3rd Wednesday     |
| • Walmart               | 4th Monday        |
| • Schnucks, Aldi, Ruler | Fridays           |

#### THE FOLLOWING AT APPROVED LOCATIONS ONLY:

- |                                  |           |
|----------------------------------|-----------|
| • Local Banking, Post Office     | As Needed |
| • Library, Drug Stores           | As Needed |
| • Hair Salons, Recreation Center | As Needed |

# SWIM TEAM CLINICS



Practice incorporates drills to encourage proper stroke and turn technique along with conditioning to prepare swimmers for competition. Prerequisite skills vary according to age group with the minimum skills being to perform rhythmic breathing, swim 2 pool lengths, dive and tread water independently. A strong swim lesson background is preferred. This program runs from September through May.

**Winter Session Dates:** **January 14 - March 8**

**Spring Session Dates:** **March 25 - May 17**

**No class April 26. Fees are prorated.**

**Days & Times:** **Mondays & / or Thursdays evenings all ages**

4:45 p.m. - 5:40 p.m. (Spring session only)

5:45 p.m. - 6:40 p.m.

**Mondays &/ Wednesdays &/ or Fridays mornings all ages**

9:00 a.m. - 10:25 a.m.

**Fee for 8 Week Session:** **Residents & Bellefontaine Swim Team Members**

1 day/ week: \$18.00      2 days/week: \$36.00      3 days/week: \$54.00

**Nonresidents**

1 day/week: \$26.00      2 days/week: \$52.00      3 days/week: \$78.00

## Swim Team Open House & Registration Night

**Monday, April 29 5:00 p.m. to 8:00 p.m.**

The Bellefontaine Barracudas are a proud member of the Municipal Swim League - North. Our team stresses sportsmanship, personal improvement and a healthy competitive spirit. With team members ranging in age from 5 through 18 years, it is a rewarding experience for the entire family. Practices begin May 29 and continue through July. They are held Tuesday thru Friday mornings and some Mondays & Wednesday evenings. To find out more about the Barracudas, visit our Open House or contact Martha at the Recreation Center for an information packet.

## SWIM LESSONS (AGES 1 - 5 YEARS)

### Turtles (Recommended ages 1 to 3 years)

This class teaches kicking, pulling and submersion. Using songs and games, parents learn to safely handle and guide their child in the water. Children must wear a commercial swim diaper under their suit. Adult participation is required. One adult in proper swim attire is required for each child.

**Tuesday** 7:00 p.m. - 7:40 p.m.  
**Spring sessions only**



### Puddleducks (ages 3 - 5 years)

**Puddleduck I** - Concentrates on the basic skills of water adjustment, floating, kicking and water safety. The parent is not in the water with the child.

**Wednesday** 6:45 p.m. - 7:25 p.m.  
**Saturday** 10:00 a.m. - 10:40 a.m.  
**Saturday** 10:45 a.m. - 11:25 a.m.

**Puddleduck II** - This class includes rotary breathing, introduction to front crawl, elementary backstroke and safety skills.

**Wednesday** 6:00 p.m. - 6:40 p.m.  
**Saturday** 10:45 a.m. - 11:25 a.m.  
**Saturday** 11:30 a.m. - 12:10 p.m.

**Puddleduck III** - Endurance and independence in the water will be emphasized. Skills will include treading water, diving, improvement on crawl stroke and elementary backstroke.

**Wednesday** 5:15 p.m. - 5:55 p.m. **Spring sessions only**  
**Saturday** 11:30 a.m. - 12:10 p.m.

## FITNESS & ENDURANCE SWIMMING

Emphasis will be on strengthening and conditioning to enable youth and adults to swim laps for longer distances and reach individual goals. Strokes will be critiqued to make them more efficient. This is appropriate for those working toward a scout badge, preparing for competitive swimming, wanting to incorporate lap swimming into their regular workout, or seeking additional training for other sports. Participants should have completed Level 4/5 or equivalent and be able to swim 2 pool lengths and tread water independently.

**Saturdays** 9:15 a.m. - 10:00 a.m.



# SWIM LESSONS (AGES 6 - ADULTS)

## Level Classes Ages 6 - 12

### Beginner Level - Fundamental Skills - (Level 1 & Level 2)

Participants will become comfortable in the water by experiencing buoyancy, putting their face into the water, blowing bubbles, retrieving objects, front and back floats and glides, flutter kicking and basic arm strokes.

**Wednesday** 5:15 p.m. - 5:55 p.m. (Spring sessions only)

**Wednesday** 6:00 p.m. - 6:40 p.m.

**Wednesday** 6:45 p.m. - 7:25 p.m.

**Saturday** 10:45 a.m. - 11:25 a.m.

**Saturday** 11:30 a.m. - 12:10 p.m.

**Saturday** 12:15 p.m. - 12:55 p.m.

### Intermediate Level - Stroke Development - (Level 3)

Rhythmic breathing and treading water will be stressed as participants become more independent in the water. Front and back crawl will be refined. Diving, elementary backstroke and the breaststroke kick will be introduced. Greater endurance will be expected.

**Wednesday** 6:45 p.m. - 7:25 p.m.

**Saturday** 10:00 a.m. - 10:40 a.m.

**Saturday** 12:15 p.m. - 12:55 p.m.

### Advanced Level - Stroke Improvement - (Level 4 & 5)

Participants must have the ability to swim the length of the pool to participate. Greater independence will be stressed with the addition of deep water skills. Breaststroke, sidestroke, butterfly and basic turns are introduced.

**Wednesday** 6:00 p.m. - 6:40 p.m.

**Saturday** 10:00 a.m. - 10:40 a.m.

**Saturday** 12:15 p.m. - 12:55 p.m.

## Teen & Adult Swim Lessons

### Ages 13 and up

Basic & intermediate skills taught at each individual's ability.

**Wednesday** 7:30 p.m. - 8:10 p.m.

**Saturday** 9:15 a.m. - 9:55 a.m.

## Swim Lesson Session Dates:

**Winter:** week of

Jan. 16 - Feb. 23

**Spring 1:** week of

Mar. 5 - Apr. 13

**Spring 2:** week of

Apr. 23 - June 1

## Fees:

Resident \$20.00

Nonresident \$26.00

**Classes offered for  
patrons age one  
year through  
adults.**

- Classes are tentative based on enrollment.
- Please be courteous to other participants by enrolling your child in the appropriate age group and ability level.

Additional classes may be added from waiting lists. We encourage you to add your name.

# ADULT & TEEN WATER FITNESS

## Winter Session

Jan. 14 - Mar. 8

## Spring Session

Mar. 25 - May 17

### Fee unless noted:

Residents \$18.00 Nonresidents \$22.00

### MONDAY

10:30 a.m. - Water Aerobics (Kathy)

**No 10:30 class on Jan. 21 or Feb. 18**

6:45 p.m. - Water Aerobics (Tricia)

7:30 p.m. - Deep Water (Tricia)

### TUESDAY

4:45 p.m. - Water Aerobics (Tricia)

5:30 p.m. - Toning (Tricia)

6:15 p.m. - Deep Water (Tricia)

### WEDNESDAY

10:30 a.m. - Aqua Fitness (Martha)

### THURSDAY

10:30 a.m. - Water Aerobics (Kathy)

6:45 p.m. - Water Aerobics (Tricia)

7:30 p.m. - Toning (Tricia)

### FRIDAY

10:30 a.m. - Aqua Fitness (Martha)

**No class April 19.**

## Pay-As-You-Go for both morning and evening classes

**Resident \$3.00**

**Nonresident \$3.50**

1. Take any combination of classes meeting your needs, but you can come only to those in which you are enrolled. Missed classes cannot be made up.
2. A lined swim suit must be worn. A laundered t-shirt and/or shorts may be worn over suit.
3. Anyone with continence problems will be required to wear a commercial swim diaper.



## Water Exercise Class Descriptions

**Toning** - This low-impact class consists of basic and intermediate muscle toning moves focusing on the arms, legs and stomach. Exercises use various types of resistance. Class is held in the shallow end of the pool. No swimming ability is necessary.

**Aqua Fitness** - This class consists of continuous resistance exercise designed to improve breathing, circulation, and muscle tone. Class is held in the shallow end of the pool. No swimming ability is necessary.

**Water Aerobics** - This faster-paced class emphasizes choreographed or repetitive motion cardiovascular exercises for a full body workout. Class is held in the shallow end of the pool.

**Deep Water** - This class consists of treading and resistance exercises in the deep end of the pool, using some float support. This class provides a cardiovascular workout along with toning. Participants must be able to swim 2 lengths of the pool and tread water for 1 minute without assistance. Class is held in the deep end of the pool.

# ADULT & TEEN GYMNASIUM FITNESS

**Chair Aerobics** - Raise your heart rate and tone major muscle groups with this NO IMPACT aerobic workout. Most fitness moves are performed while seated in a chair, while a few are performed standing beside a chair. This workout is ideal for those who cannot participate in typical gym classes due to joint pain.

**Beginner Strength** - Strengthen and condition the main muscle groups, increase range of motion, and improve flexibility with this strengthening class. Moves are performed sitting in a chair or standing beside a chair/wall using light hand weights and a flat resistance band. Exercises will target, arms, legs, back and core. Ideal for adults just beginning an exercise program or those wishing to regain or maintain strength. **\*\*Please bring your own hand weights (1-3 lbs. recommended) and a resistance band.\*\***

**Core & Cardio** - Tone your body and strengthen your core while burning calories. This class combines aerobic activity with core and strength moves that will improve balance and stability while working major muscle groups. Exercises include low-impact aerobics, lunges, squats, crunches, punches and floor exercises. **\*\*Please bring your own hand weights (1 to 5 lbs. recommended) and a resistance band.**

**Aerobic Fitness** - This 1 hour class will improve breathing, heart rate, raise your energy level, increase flexibility and tone muscles to help create a trimmer figure through aerobic exercise. It will include a walking warm-up, 20 - 25 minutes of low impact aerobic dance, walk down and floor work

**Stability (Core) Ball** - Class will offer an effective way to lose weight and tone the entire body while improving flexibility and balance. The focus of the class is to engage and stabilize muscle groups while sitting, standing or participating in floor exercises utilizing the stability ball. Any fitness level can participate. Participants are required to provide their own ball and fitness mat. **PAY-AS-YOU-GO Fee:** Resident \$3.50 Nonresident \$4.00

**Slide Class** - Enjoy improving your endurance, flexibility and balance with our beginner level slide group. Easily modified, choreographed slide dances benefit a range of ages and fitness levels. Join in to help relieve stress and promote overall wellness.

## Winter Session Jan. 14 - Mar. 8 Spring Session Mar. 25 - May 17

**Chair Aerobics through Aerobic Fitness**  
Resident \$18.00 Nonresident \$22.00

**Stability (Core) Ball & Slide**  
Resident \$24.00 Nonresident \$28.00

**Pay-As-You-Go fees EXCEPT FOR STABILITY**  
Resident \$3.00 Nonresident \$3.50



### MONDAY

9:15 a.m. - Aerobic Fitness (Kathy)  
11:45 a.m. - Chair Aerobics (Martha)  
12:00 p.m. - Slide (Salina)  
4:45 p.m. - Chair Aerobics (Tricia)  
5:45 p.m. - Core & Cardio (Tricia)  
7:00 p.m. - Stability Ball (Maria)

### TUESDAY

3:45 p.m. - Beginner Strength (Tricia)  
**Spring session Only**

### THURSDAY

9:15 a.m. - Aerobic Fitness (Kathy)  
4:45 p.m. - Chair Aerobics (Tricia)  
6:30 p.m. - Slide (Salina)

*Take any combination of classes meeting your needs, but you can come only to those in which you are enrolled. Missed classes cannot be made up.*

# ADULT TRIPS & ACTIVITIES

## TRAILHEAD BREWING COMPANY

When was the last time you enjoyed a delicious lunch in a grist mill that overlooks the Missouri River? We are headed to Old Town St. Charles to dine at Trailhead Brewing Company. Don't let the name fool you because this place has a lot more than beer. The elevated pub menu offers anything from appetizers to desserts with plenty to choose from in between. Lunch is on your own. For those who choose, work up an appetite by strolling along Main Street's many shops. We're going to have a great time.

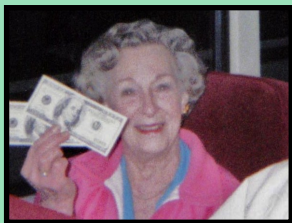
**Dates:** Tuesday, April 30

**Time:** 11:00 a.m. - 3:00 p.m.

**Fee:** Resident \$12.00

Nonresident \$14.00

## Casino Trips



Try your luck at these popular casinos. All trips leave at

10:00 a.m. & return at 3:00 p.m.

**Fee:**

Resident \$10.00

Nonresident \$12.00

### Casino Queen

Tuesday, January 29

### River City

Tuesday, February 26

### Hollywood

Monday, March 18

### Ameristar

Wednesday, April 17

## Wet Canvas Class

Something wonderful occurs when a group of people get together and feel free to have fun with paint. As adults, we often forget that it is important to be creative. Creativity is proven to be beneficial to our mind, spirit and health. In the casual scene of paint classes, adults allow themselves time to just have fun. No painting experience is necessary! All supplies, including a hand-sketched 16"x 20" canvas, and light appetizers are included. Adults 21 and over only: wine may be offered. Sign up for any or all of the classes offered.

**Fee per class:** Resident \$20.00/ Nonresident \$23.00

Wednesday, Feb. 6, 6:30 p.m. - 8:30 p.m.

Tuesday, Feb. 12, 12:00 p.m. - 2:00 p.m.

Wednesday, Feb. 20, 6:30 p.m. - 8:30 p.m.

## St. Patrick's Day Dinner

You don't need the "Luck of the Irish" to have a great time at our corned beef & cabbage dinner. Tickets on sale until March 1.

**Date:** Tues., March 5

**Time:** 4:30 p.m. - 7:30 p.m. Dinner served at 5:30 p.m.

**Fee:** \$11.00



## BUNCO!

Try something new! You don't need to know the rules for this dice game, just expect to have a good time. A great lunch is included.

**Day:** Wednesday

**Time:** 11:30 a.m.

**Dates:** Jan. 23, Feb. 27, Mar. 27, Apr. 24

**Fee:** Resident \$6.00

Nonresident \$7.00

## Lunch & Bingo

Come for good food, good company and some friendly bingo. Fee covers lunch with dessert and beverage, two bingo cards and prizes. You may only sign up for one bingo per month.

**Day & Time:** Wednesday beginning at 11:30 a.m.

**Dates:** Jan. 9, Feb. 13, Mar. 13, Apr. 10

**Fee:** Residents \$6.00

Nonresident \$7.00



# SPECIAL EVENTS



Celebrate Mexico's independence with great ethnic food, good company and perhaps an adult beverage. As

usual, your first beverage is included with the ticket. Tickets go on sale April 1.

**Date:** Wednesday, May 1

**Time:** 4:30 p.m. - 7:30 p.m.

Dinner served at 5:30 p.m.

**Fee:** \$11.00

## Easter Egg Hunt & Arbor Day

The Recreation Center will host its annual Easter Egg Hunt for children ages 9 and under. After the search for candy and colored eggs, the Easter Bunny will make a special appearance to pass out more Easter treats. The Arbor Day Celebration follows the Easter Egg Hunt. Free seedling and instructions for its planting and care will be available.

**Saturday, April 20**

**11:00 a.m. SHARP**

## Bike Safety Rodeo

The Bike Safety Rodeo is **free** and open to children ages 2 - 12. The activities include a bike riding course, Safetyville Tricycle Town and more. This event is sponsored by the Bellefontaine Neighbors Youth Commission and Police Department. For more information, call Bellefontaine Neighbors City Hall at 867-0076.

**Saturday, May 11** (Rain Date, May 18)

10:00 a.m. - 1:00 p.m.

## Mayor's Golf Tournament

Saturday, April 13

**Shotgun Start Time:** 1:00 p.m.

**Fee:** \$65.00 per person

## Kwanzaa Celebration

**Saturday,  
December 29**

**2:00 - 4:00 p.m.**



## Hoops Madness 2019

This **free** basketball shooting competition will be divided into 3 age groups, 10-11, 12-13 and 14-15 with boys and girls mixed. There are only 16 players per age group so register early! Prizes and trophies will be awarded for the top player in each division. **YOU MUST PRE-REGISTER FOR THIS EVENT;** No at-the-door registration will be accepted. Registration will be available at the Recreation Center beginning February 11. Family members are welcome to watch. Snacks and drinks will be provided for participants **ONLY**. This event is sponsored by the Bellefontaine Neighbors Youth Commission and Police Department.

**Day & Date:** Saturday, Mar. 9

**Time:** 12:00 p.m.

## BLACK HISTORY CELEBRATION

**"Black Migrations and Urban Realities"**

**Saturday, February 9, 2019**

**Inclement weather date, June 15**

**10:00am - 2:00pm**

### Performers:

Riverview High School Band, Gentlemen of Vision, Dance Plus, Children Activities, Give A Ways, Tokens for Teen

### Looking for African Americans to Honor & Give Recognition:

1. Migrated from another country who moved to the City of Bellefontaine Neighbors (Must be residents for 10 years or longer)
2. A couple married 50 years or longer living in the City of Bellefontaine Neighbors, 40 years or longer
3. The first residents who have been residents over 40 years, moved to the City of Bellefontaine Neighbors in the 1970's or earlier

**For more information including vendor opportunities please contact:**

**Alderwoman Alease Dailes, Ward 4**

**alease.dailes@gmail.com**

**314.403.0888**



# KARATE, TENNIS, PICKLEBALL & SELF DEFENSE

## Women's Self Defense Series

This personal development series will help you empower yourself using martial arts training. You will learn skills to protect yourself and your family. You can feel safe where ever you go as you develop environmental awareness skills. Other topics that will be covered include recognizing domestic abuse (mental, verbal & physical) and ways to prevent it.

**Dates:** Thursdays, Jan. 31 - Feb. 21

**Time:** 7:00 p.m. - 8:00 p.m.

**Fees:** Resident \$55.00

Nonresident \$57.00

## Karate Ages 5 through Adult

Ma'at Karate is partnering with the Bellefontaine Recreation Department to bring the disciplined art of karate to the community. The goals of the program include building self-confidence, empowerment, and discipline by developing personal identity while learning how to work in a group. It is not about initiating violence. The commitment to perfect and advance through karate's skill level is stressed. This is an ongoing program for students ages 5 through adults. Head Instructor: Sensei Harub Taalib

**Day:** Mondays

**Time:** 6:30 p.m. - 7:30 p.m.

**Session Dates:**

**Winter:** Jan. 28 - Mar. 18

**Spring:** Mar. 25 - May 13

**Session Fee:** Resident \$63.00

Nonresident: \$68.00

## FREE Learn-to-Play Pickleball Clinic



Pickleball is a real sport and really fun for all ages! Think of it as table tennis, meets traditional tennis, meets badminton. You have a net, a court, paddles and a lightweight ball (similar to a whiffle ball).

Player can face off as singles or doubles, just as in traditional tennis. We are offering a FREE clinic to give you the basics so you can start playing, too. The Rec Center also has time set aside for play at the minimal amount of \$2.00 per person, per hour. (page 4). Please call the Rec Center if you would like to attend a clinic.

**Dates:** Tuesday, Jan. 29

**Time:** 6:00 - 7:30 p.m.

## Kids' Tennis Club

This special program is designed to help children **ages 5 - 12** learn the basics of tennis and get them on the courts next summer. Each week begins with an organized class followed by practice time. House racquets will be available or new ones can be purchased for \$13.00.

**Dates:** Please call for dates

**Time:** 5:30 p.m. - 6:30 p.m.

## Teen & Adult USTA Tennis Lessons

Tennis is a great lifetime sport that can be enjoyed by anyone of any age. The small class size allows the instructor to work with each person at their ability level. All sessions are six classes long. Racquets are available for \$13.00.

**Dates:** Please call for dates

**Time:** 6:30 p.m. - 7:30 p.m.

**Fee:** Resident \$15.00 Nonresident \$18.00

# ROOM INFORMATION

There are two meeting rooms at the Recreation Center available for any **adult resident aged 18 and older with a current recreation ID card** to rent for birthdays, anniversaries, bridal and baby showers or other functions. Weddings and family reunions are not permitted.

- The smaller room will accommodate **35** people. The fee is **\$60.00**.
- The larger room will accommodate **47** people. The fee is **\$70.00**.
- **All reservations also require a \$25.00 damage deposit that must be paid along with the rental fees before the reservation is placed on the calendar.** This deposit will be refunded by mail if the room is cleaned up after your function, your group abides by the rules of this facility and you do not exceed the fire code limit of the room. After you have cleaned the room, present your checklist to the Recreation Staff. They will inspect the room and both of you will sign the checklist. If everything is in order, you will receive your security deposit by mail within one month.
- The resident making the reservation **must** have a current Bellefontaine Recreation ID card and the charge is **\$5.00**. Please see page 3 for more information.

The resident:

1. May only reserve one room per date for an event.
2. Must be present for the entire function.
3. Is responsible for the behavior of their guests.
4. **Must bring the paperwork you received in the mail and your Bellefontaine Neighbors ID card to check in at the office before anyone from your group will be admitted to the reserved room.**



To check on the availability of a date, call the Recreation Center. Reservations must be made in person to fill out a contract. Both the deposit and rental fee must be paid in full before the reservation is placed on the calendar. Events that will take place within 2 weeks must be paid in cash.

## IMPORTANT ROOM INFORMATION

- You cannot enter the room until 1:00 p.m. the day of the reservation, and the room must be cleaned up and your party be out of the building by 8:00 p.m.
- Due to the size of our meeting rooms and our hours of operation, the rooms may not be reserved for wedding receptions or family reunions.
- Sales or fundraising of any kind is prohibited in our meeting rooms.
- Guests must stay in the room. They are not permitted to use the pool, gymnasium or game room, or to congregate in the lobby or hallways.
- No refunds will be issued for cancellations made less than two weeks prior to the reservation date.
- **NO FRYING, GLITTER, OR CONFETTI ARE PERMITTED IN THE BUILDING.**
- There is a \$3.00 service charge on reservation cancellations.

# PARK INFORMATION

	Rec Center & Grounds	St. Cyr	Tanglewood Park	Bissell Hills	Belgrove Park	Pruett Park	Klein Park	Wilderness	Doherty Park
Acreage	9.3	6.2	6.2	4.4	1.1	5.1	.9	10.8	4.7
Picnic Shelters w/Electric		1	1	1					
Restrooms	2	1	1	1					
Picnic Tables	6	10	10	1	1		2		
Nature Trail (.8 mile)								1	
Playgrounds	1	1	1	1	1		1		
Open Play Space	1								1
Softball Fields (unlighted)		2	1	2					
Football/Soccer Field		1	1	1					
Tennis Courts (unlighted)		2		2					
Gazebo	1						1		
Miniature Golf Course	1								



## Park Reservations

**We will begin accepting 2019 reservations Jan. 2, 2019.**

The City of Bellefontaine Neighbors has three picnic shelters with restrooms and electricity available for reservations located at :

1. Bissell Hills Park, 10237 Ashbrook, capacity: 75
2. St. Cyr Park, 1041 Hopedale, capacity 125
3. Tanglewood Park, 1230 Chambers, capacity 125

**Bellefontaine Neighbors residents with a current Bellefontaine ID card** may reserve any of the three shelters for \$40.00. Nonresidents may reserve Tanglewood Park only for \$60.00.

No refunds will be issued for cancellations made less than two weeks prior to the reservation date. A \$3.00 cancellation fee applies.

## Park Rules

- The parks open at 9:00 a.m. and close at dusk.
- No glass bottles allowed.
- Organized groups of 10 or more must obtain a park permit through the Recreation Department
- Alcohol is allowed by permit only.
- Loud music is prohibited.
- Pet waste must be disposed properly.
- Use of the service roads is prohibited.